



Aims and Objectives – Revolution C.T.

Focus of the Club

Primary School Kids

- To work with Bike Ability and the Active Schools Coordinators for the area
- To provide essential skills to those starting out in the sport
- To promote and encourage safe and responsible cycling
- To highlight the different cycling disciplines and what each one offers
- To encourage outdoor activity
- To nurture young talent and increase confidence on the bike
- To encourage a competitive spirit
- Coaching to be performed mainly in enclosed areas or short routes
- To have FUN on the bike!

Secondary School Kids

- To further develop cycling skills essential to the discipline of interest
- To teach basic bicycle maintenance
- To promote and encourage safe and responsible cycling
- To increase fitness levels
- To encourage involvement in both individual and team sport
- To provide opportunities to cycle at organised trail centres
- To facilitate cycling at a competitive level if desired
- To recognise talent and provide coaching at an individual level
- Starting to introduce local trail rides and quiet roads
- To have FUN on the bike!

Young Adults and Seasoned Cyclists

- To continue developing discipline specific skills
- To work towards reaching the individuals potential on the bike
- To facilitate riding at a competitive level if desired
- To teach group riding skills and etiquette
- And most of all, to continue to have FUN on the bike!!

Areas of Interest

The main areas of interest will focus around predominantly a mixture of road and mountain biking, with some experience of other disciplines.